

OTTER TRAIL GUIDE

TIDES JAN 2024

DAY 1

HUT: Ngubu
DISTANCE: 4.8 km
TIME: 3.5 hours

NOTES:
Swim at the water-fall. The huts are not too much further so there is no rush to get there.

DAY 2

HUT: Scott
DISTANCE: 7.9 km
TIME: 5.5 hours

NOTES:
One of the toughest days. Don't miss Bloubaai beach - see Profile Map below.

DAY 3

HUT: Oakhurst
DISTANCE: 7.7 km
TIME: 5.5 hours

NOTES:
Keep costume and sandals close to hand for two river crossings.

DAY 4

HUT: Andre
DISTANCE: 13.8 km
TIME: 8 hours

NOTES:
Major river crossing at Bloukraans River*. See Profile Map below.

DAY 5

HUT: De Vasselot
DISTANCE: 8.8 km
TIME: 3 hours

NOTES:
Only one major climb left. Order the special Otter Drink at the restaurant at Natures Valley and you'll get a certificate too!

* Your starting time on the 4th day will depend on the time of low tide - this may be very early in the morning. You need to be at the Bloukraans half an hour either side of low tide. Crossing at high tide is exceptionally dangerous. It will take approximately 4.5 hours from Oakhurst to the Bloukraans (about 10 kilometers). If you are walking in the dark (the trail is well marked at this point if you do need to start walking before dawn) allow half an hour extra.

It is better to wait for the tide to soften than get there after it has started pushing in, resulting in the chance of having to take the escape route round. If you cannot cross the river then walk up the escape route shown on your Sanparks map, when you reach the top of the cliff call the ranger on duty and they will take you around and drop you at the top of the cliff about half an hour walk from the Andre huts.

Please note: This document is only intended to supplement your map and documents issued by Sanparks. The Tidal information is to be used as a **rough guide only**, it has not been officially verified and we do not accept any responsibility for incorrect tidal information or incidents that occur as a result of using this guide.

Day	Sunrise	Sunset	High Tide	High Tide	Low Tide	Low tide
1	0520	1943	0657	1904	0029	1255
2	0521	1943	0734	1940	0102	1337
3	0522	1943	0819	2025	0139	1428
4	0522	1943	0916	2130	0225	1536
5	0523	1943	1028	2305	0329	1708
6	0524	1944	1144	----	0500	1831
7	0524	1944	0038	1249	0627	1930
8	0525	1944	0141	1344	0728	2017
9	0526	1944	0230	1435	0819	2100
10	0527	1944	0315	1523	0905	2141
11	0528	1944	0358	1609	0950	2222
12	0529	1944	0441	1654	1035	2301
13	0529	1943	0523	1736	1119	2340
14	0530	1943	0606	1818	1204	----
15	0531	1943	0649	1859	0017	1249
16	0532	1942	0733	1940	0056	1336
17	0533	1942	0821	2026	0135	1426
18	0534	1942	0916	2122	0220	1526
19	0535	1942	1027	2255	0317	1652
20	0536	1941	1156	----	0458	1842
21	0537	1941	0057	1315	0702	1951
22	0538	1940	0207	1415	0807	2039
23	0539	1940	0255	1502	0853	2116
24	0540	1939	0334	1543	0931	2149
25	0541	1939	0409	1618	1003	2218
26	0543	1938	0440	1649	1033	2246
27	0544	1938	0508	1718	1101	2312
28	0545	1937	0536	1745	1129	2338
29	0546	1936	0603	1811	1157	----
30	0547	1935	0630	1837	0004	1227
31	0548	1934	0659	1905	0030	1258

THE OTTER TRAIL HEIGHT PROFILE

Thanks to Magnetic South (who organise the Otter Trail Run) for the use of this height profile. www.theotter.co.za

